
MHHS Student
Survey on the
Effects of the
Teachers' Strike

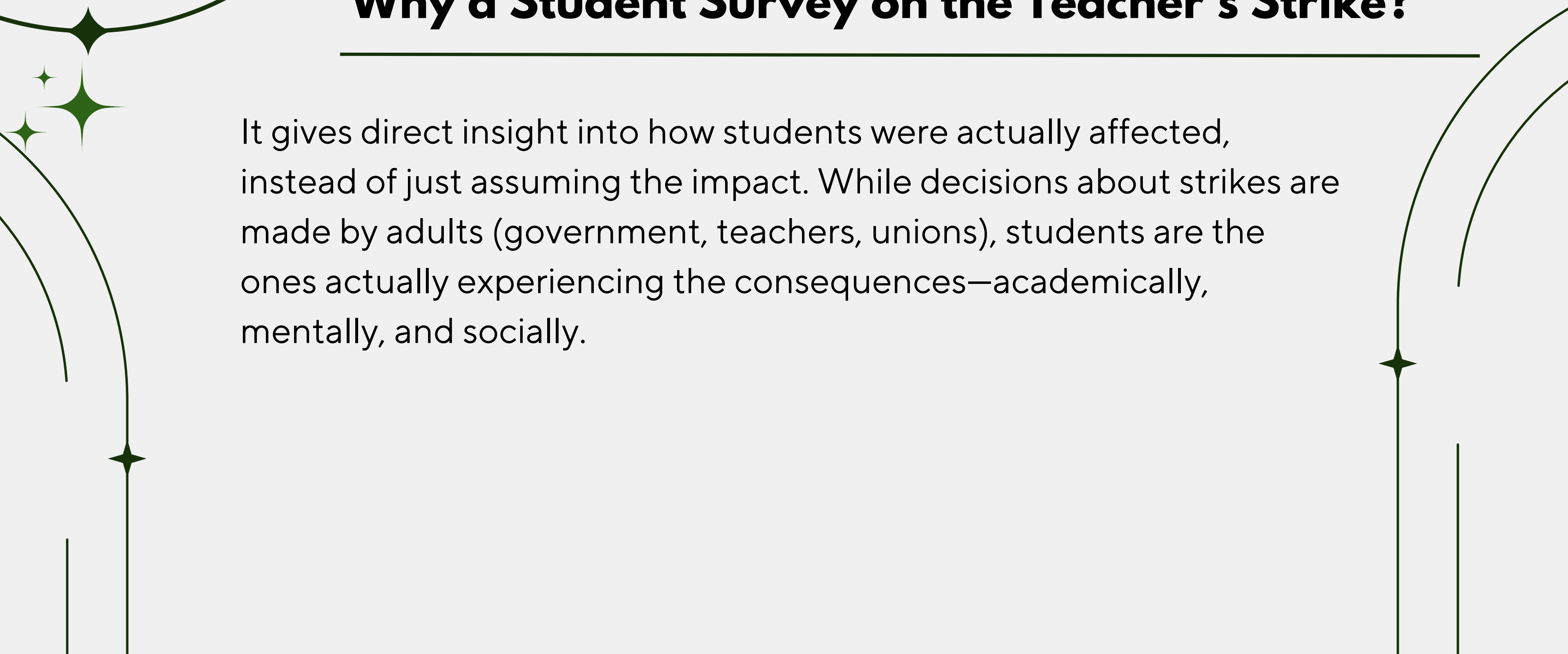


Jeeya Gupta & Nyaruach Ruach



Why a Student Survey on the Teacher's Strike?

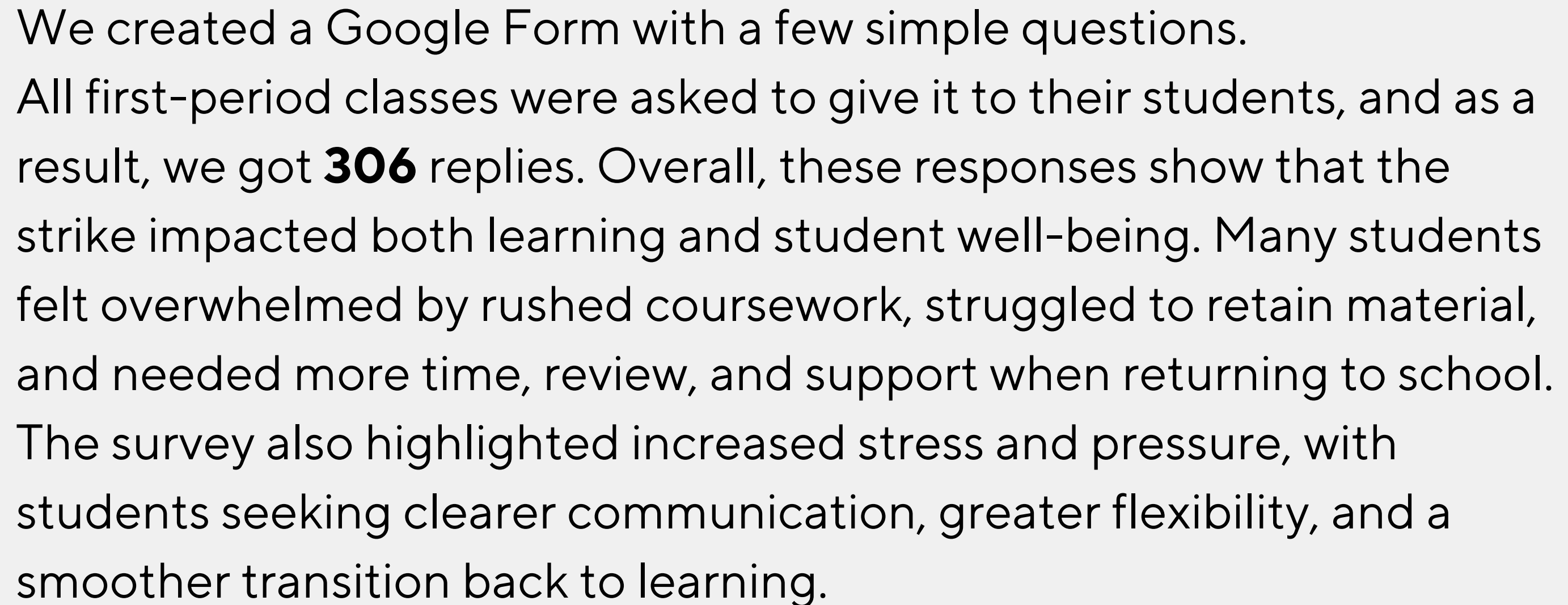
It gives direct insight into how students were actually affected, instead of just assuming the impact. While decisions about strikes are made by adults (government, teachers, unions), students are the ones actually experiencing the consequences—academically, mentally, and socially.



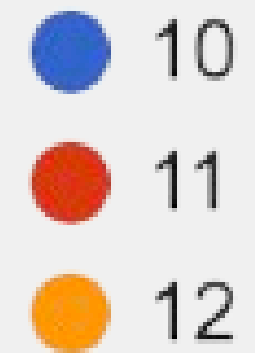
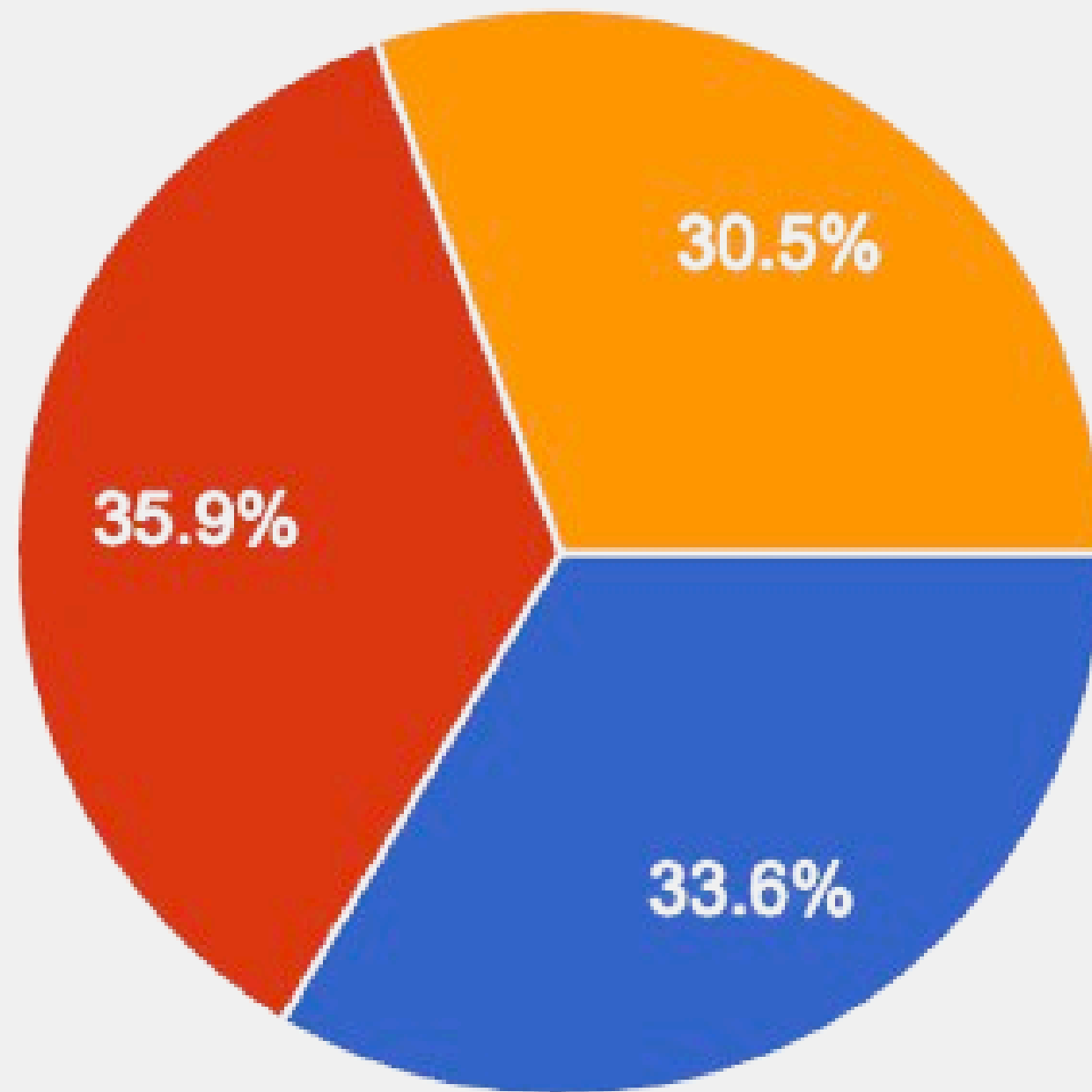


How Did We Collect Data

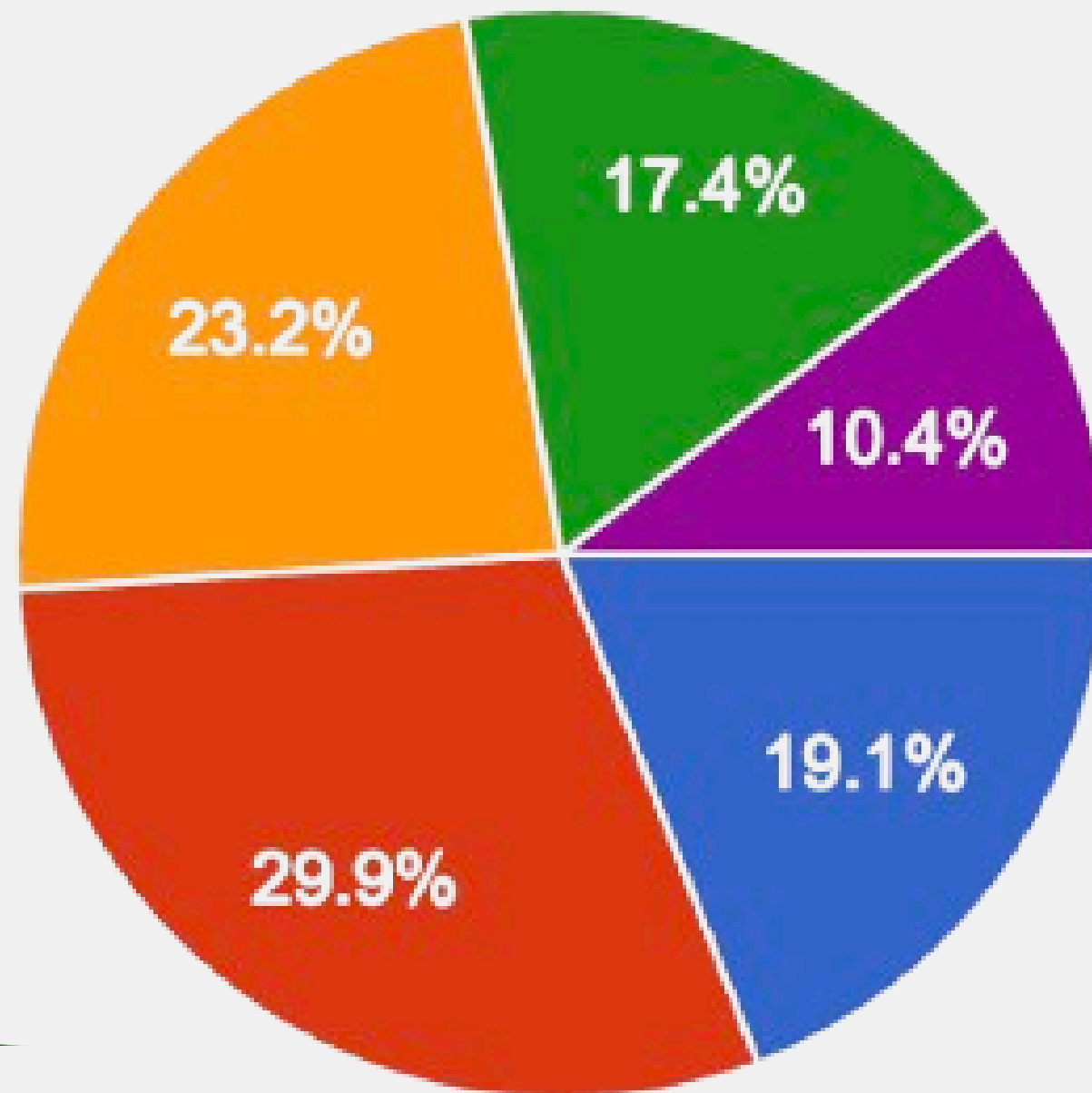
We created a Google Form with a few simple questions. All first-period classes were asked to give it to their students, and as a result, we got **306** replies. Overall, these responses show that the strike impacted both learning and student well-being. Many students felt overwhelmed by rushed coursework, struggled to retain material, and needed more time, review, and support when returning to school. The survey also highlighted increased stress and pressure, with students seeking clearer communication, greater flexibility, and a smoother transition back to learning.



What grade are you in?

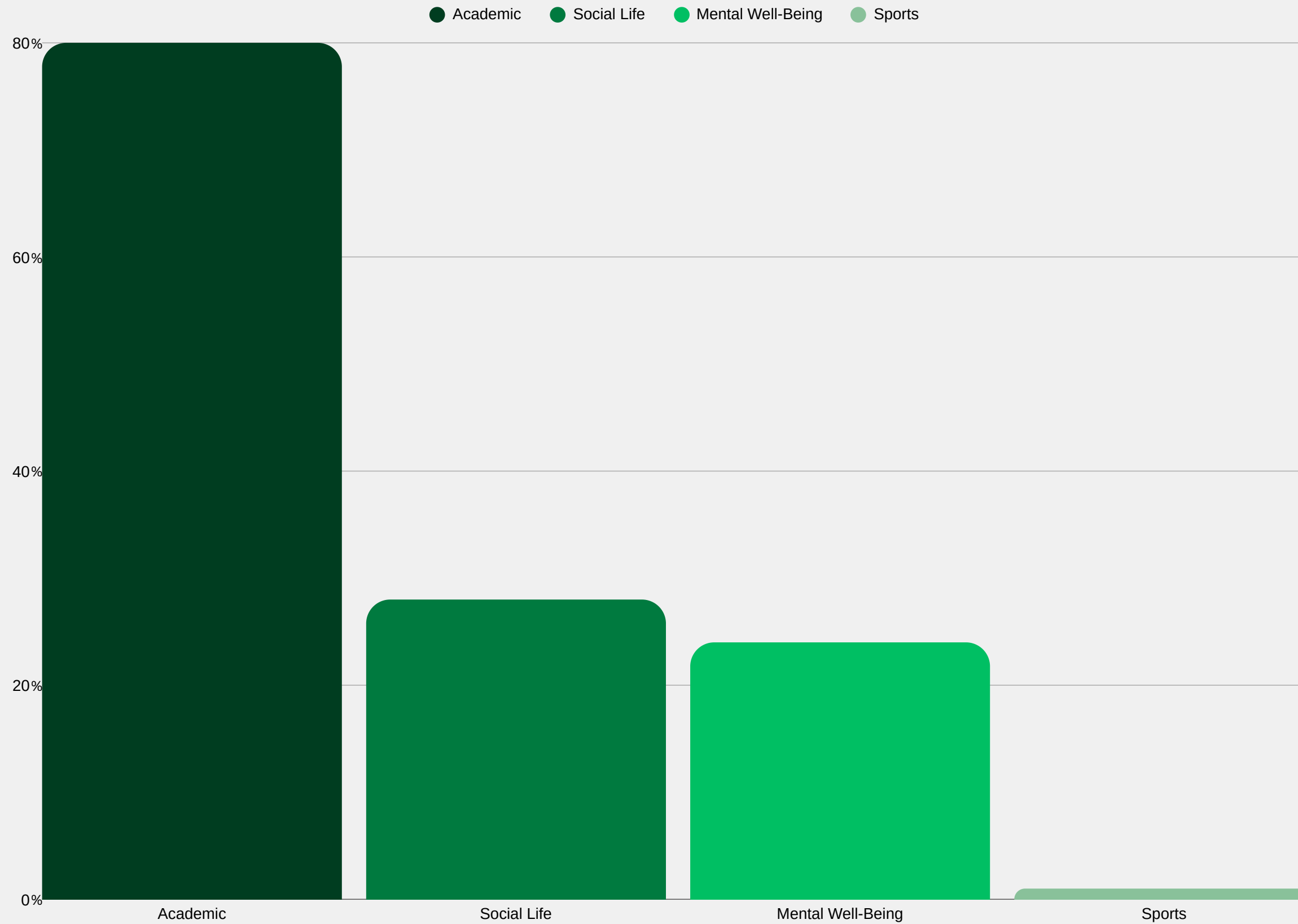


Think back to when the strike happened in the fall. Immediately upon returning to school from the strike, how much did you feel you were impacted overall by the strike?



- Significantly
- A fair bit
- Somewhat
- Just a little
- Not at all

In which ways did you feel the strike most impacted you? Select all that apply.

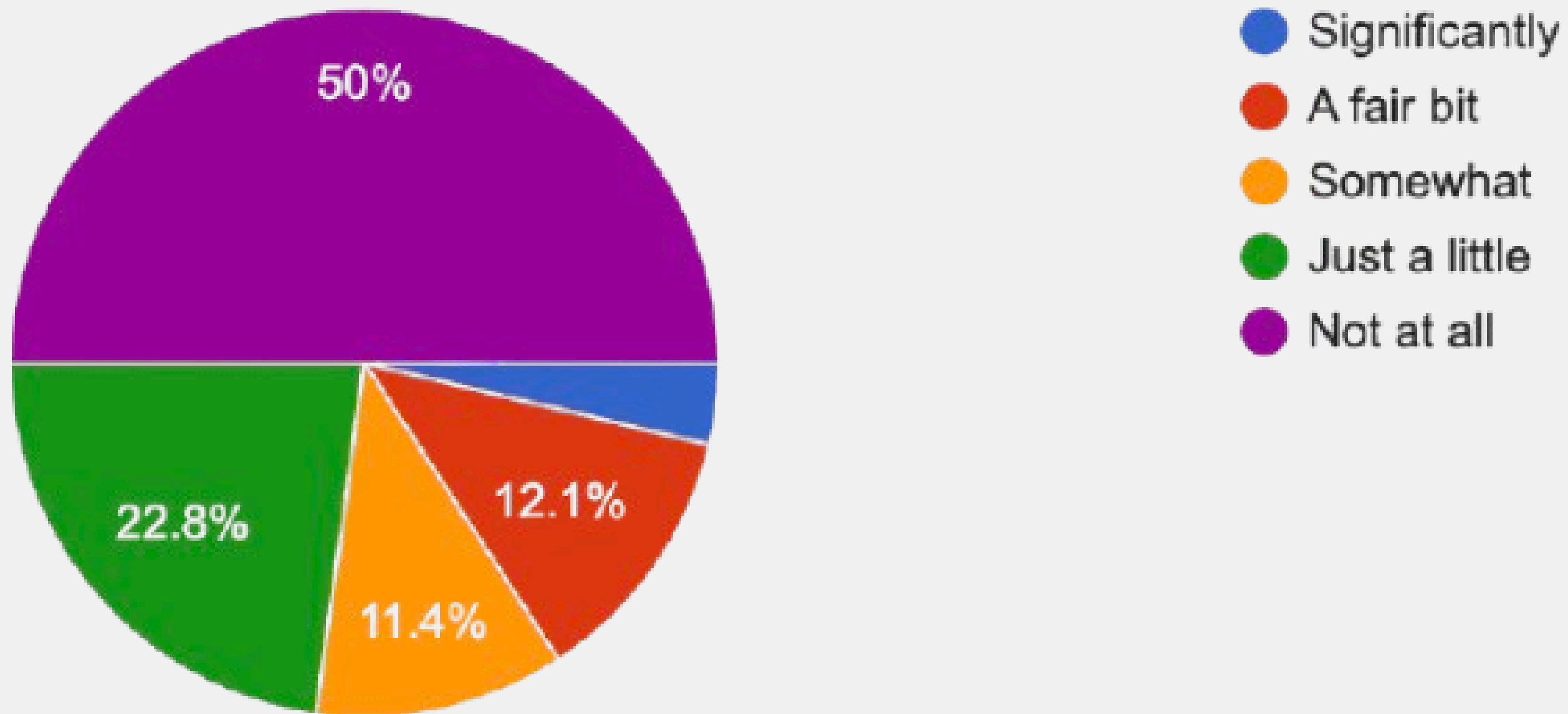


Optional question: If you did find struggles coming back, what supports would have made the transition back to school easier for you?

Common Answers:

- Need for Review / Refreshing Material
 - “A recap day.”
 - “Starting over or refreshing units.”
- Too Much Rushing / Fast Pace
 - “We had to catch up too quickly.”
 - “Content was crammed.”
 - “Pressure to move fast.”
- Slower, easier transition back
 - “Ease into it.”
 - “Not so much work right away.”
- More support / less pressure
 - “More time to catch up.”
 - “More leniency on assignments.”

Now that we are 5 months past the strike, how much do you still feel you are being impacted by the strike?



Optional question: If you did find struggles coming back, what supports would have made the transition back to school easier for you?

Common Answers:

- Don't rush/avoid cramming content
 - "Don't try to cram the extra info into the shortened time."
 - "Everything was rushed... we didn't actually learn."
- Students forget material and need review/support
 - "We forgot most things... can't jump into new work immediately."
 - "Reviewing and not just leaving back where we were."
- Better planning, communication, and flexibility
 - "More definite answers about things."
 - "Give students enough time to catch up and adjust."
- Mental health, stress, and pressure
 - "Students need to feel okay mentally and emotionally to learn."
 - "Coming back overwhelmed... harms mental well-being."
 - "Stressful... tons of work all at once."

Our Insights

1. Academic disruption was the biggest impact

- Most students selected “Academic” as the main area affected
- Many said they:
 - Forgot material
 - Felt behind
 - Were rushed when returning

2. The return to school felt rushed and stressful

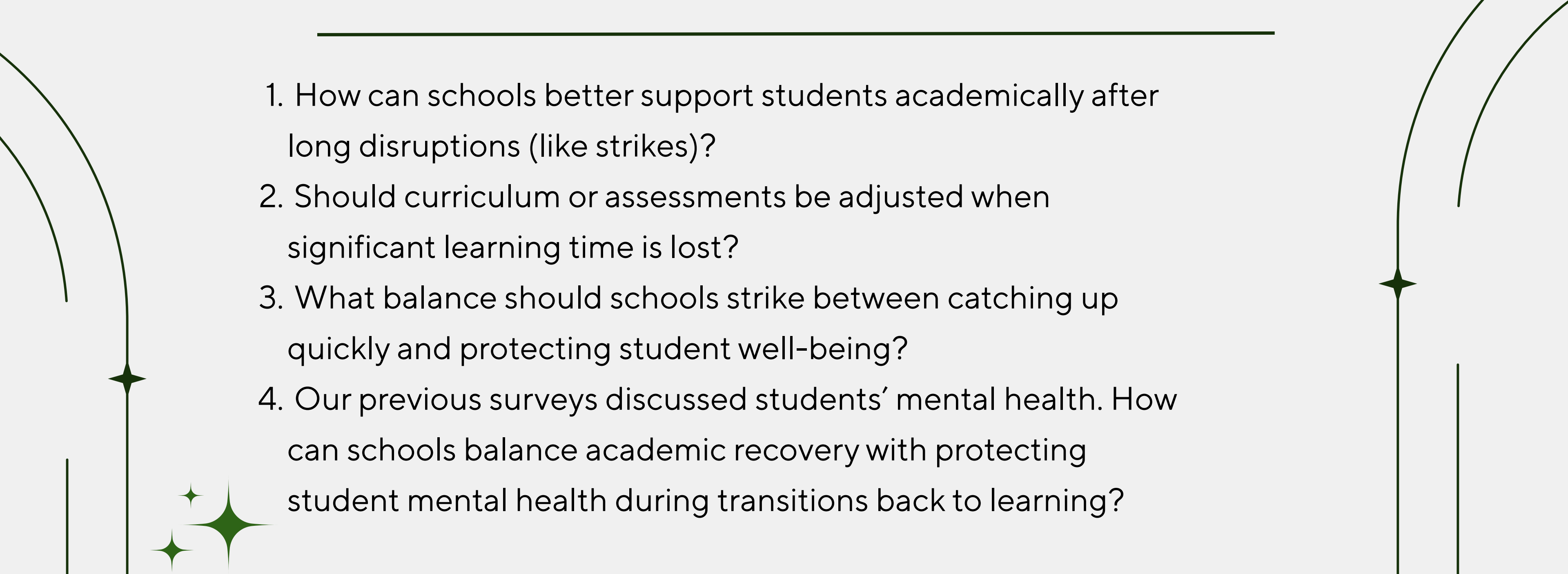
- Teachers sped through content
- Students had little time to review
- Tests/assignments came too quickly

3. Long-term impact is mixed (most students recovered)

- Many students now say they are “Not at all” impacted 5 months later
- But some still report:
 - Ongoing stress
 - Gaps in understanding
 - Concerns about grades and exams



Somthing to Consider

1. How can schools better support students academically after long disruptions (like strikes)?
 2. Should curriculum or assessments be adjusted when significant learning time is lost?
 3. What balance should schools strike between catching up quickly and protecting student well-being?
 4. Our previous surveys discussed students' mental health. How can schools balance academic recovery with protecting student mental health during transitions back to learning?
- 

Thank You For
Listening!

