




JULY 2026

Our drop in activities at the park are open to everyone in the community and while supplies last!
No registration is required for drop in's
Parental supervision is essential for children under 12, but 12 and up may attend without it.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 No Programming 	2 No Programming	3 No Programming
6 Rock Painting Central Park 10AM-12PM	7 Teen Hangout Campfire Cookout 1PM-3PM Registration is required Kincoulee Park	8 Teen Hangout Perogies in the park 1pm-3pm Registration is required Kincoulee Park	9 Teen Hangout Cupcake & Cookie Decorating 1pm-3pm Registration is required Kincoulee Park	10 Sensory day Central Park 10am-12pm
13 A little spot makes friends Storytime & Activities around friendship Kincoulee Band Shelter 10AM-12PM	14 15 16 Minion Themed Friendship squad (Ages 7-10) 10AM-12PM: A summer group focused on friendship, and fun, help kids build social emotional skills through connection, communication and play! George Davison School 10am-12pm Registration is required: hug@sd76.ab.ca			17 Minion and Monsters Scavenger Hunt Kincoulee Park 10AM-12PM
20 Mindful Monday Paper Plate Dream Catchers Strathcona Park 10AM-12PM	21 Art in the Park Central Park 10AM-12PM	22 No Programming	23 No Programming	24 No programming
27 Pokemon Activities Central Park 10AM-12PM	28 Puzzles & Board Games Central Park 10AM-12PM	29 Sports for Mental Health Central Park 10am-12pm	30 Act of Kindness Community Project Central Park 10AM-12PM	31 Photo Booth Scavenger Hunt Starthcona Park 10AM-12PM

To registered for Elementary Summer group

July 14-16

please email

hug@sd76.ab.ca

Limited Spots

For ages 7-10

To registered for Teen Hangouts

July 7, 8 and/or 9th

please email

myplace@sd76.ab.ca

Limited Spots

For ages 11-15



AUGUST 2026

Our drop in activities at the park are open to everyone in the community and while supplies last!
 No registration is required for drop in's
 Parental supervision is essential for children under 12, but 12 and up may attend without it.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>No programming</p> <p style="text-align: right;">3</p>	<p>Teen Hangout Crafts and Conversations 1PM-3PM Registration is required Central Park</p> <p style="text-align: right;">4</p>	<p>International Youth Day Big Marble Go 1pm-4pm</p> <p style="text-align: right;">5</p>	<p>Teen Hangout Bringing back the 90's 1PM-3PM Registration is required Central Park</p> <p style="text-align: right;">6</p>	<p>Teen Hangout Mini golf & ice Cream 1PM-3PM Registration is required Hooplas</p> <p style="text-align: right;">7</p>
<p>Park the World Kincoolee Park 11am-1PM</p> <p style="text-align: right;">10</p>	<p>Zen Gardens & DIY Water Canvas Central Park 10AM-12PM</p> <p style="text-align: right;">11</p>	<p>Storywalk Police Point Park 10AM-12PM</p> <p style="text-align: right;">12</p>	<p>Art + Science Central Park 10AM-12PM</p> <p style="text-align: right;">13</p>	<p>Crafts with Pool noodles Central Park 10AM-12PM</p> <p style="text-align: right;">14</p>
<p>Duck Hunt Kincoolee Park 10AM-12PM</p> <p style="text-align: right;">17</p>	<p>Minute to win it games Come win some prizes 10AM-12PM Central Park</p> <p style="text-align: right;">18</p>	<p>HUG and MyPlace are at a Private event</p> <p style="text-align: right;">19</p>		

To registered for
Teen Hangouts

August 4,6 and/or 7th
 please email
myplace@sd76.ab.ca
 Limited Spots
 For Ages 11-15

Follow us on
 Facebook



The activities for July and August are in collaboration with the following community agencies:

To view our
 calendars



July Park Pop ups

This summer come out and join the Mental Health Capacity Building Programs MyPlace and HUG for FREE activities for children, youth and families. These activities will be happening throughout the month of July and August in different parks. Our park pops up require no registration and are come and go activities: while supplies last

- ✓ **Must be accompanied by an adult if 12 and under**
- ✓ **All Ages**
- ✓ **Completely Free**
- ✓ **Drop in come and go**



Check out our dates below and a sneak peak at what to expect

July 6- Rock Painting- Transform ordinary river stones into colorful works of art using vibrant paints and your own unique imagination

July 10- Sensory day- Engage all five senses through a variety of hands-on textures, calming sights, and interactive exploration stations.

July 13- Little spot of friendship- Learn the value of making connections and being a supportive peer through activities inspired by the "Little Spot" book series.

July 17- Minions and monsters scavenger hunt- Embark on a high-energy quest to track down hidden creatures and mischievous minions scattered throughout the area.

July 20- Dream catchers- Use paper plates, string, and decorative beads to craft traditional charms designed to filter your dreams and bring peace of mind.

July 21- Art in the Park- Take your creativity outdoors and enjoy a few different crafts. Be prepared to get messy.

July 27- Pokemon activities- Celebrate the world of Pokémon with themed games and crafts.

July 28- puzzle and board games- Sharpen your strategy and enjoy some friendly competition with a diverse collection of classic and modern tabletop games.

July 29- Sports for mental health- Boost your mood and focus on well-being through team-building exercises and physical activities that emphasize the mind-body connection

July 30- Acts of Kindness community project- Work together on a meaningful service project designed to spread joy and give back to our local community.

July 31- Photo Booth Scavenger hunt- Race against the clock to find specific photo booths and snap creative selfies at designated locations for a digital memory-making adventure.

August Park Pop ups

This summer come out and join the Mental Health Capacity Building Programs MyPlace and HUG for FREE activities for children, youth and families. These activities will be happening throughout the month of July and August in different parks. Our park pop ups require no registration and are come and go activities: while supplies last!

- ✓ **Must be accompanied by an adult if 12 and under**
- ✓ **All Ages**
- ✓ **Completely Free**
- ✓ **Drop in come and go**



Check our our dates below and a sneak peak at what to expect

August 10- Park the world Embark on a global adventure without leaving the grass by exploring diverse cultures through international games and traditions

August 11- Zen Gardens and DIY water canvas-Find your inner calm by raking miniature sand gardens and practicing "invisible" painting on evaporative water canvases.

August 12- Storywalk- Combine literacy with fresh air as you follow a trail of oversized book pages to read a featured story from start to finish.

August 13- Art + Science- Discover where creativity meets logic by conducting colorful experiments that turn scientific reactions into beautiful masterpieces

August 14- Crafts with Pool Noodles- Put a summer staple to creative use by slicing, taping, and transforming pool noodles into unexpected DIY projects.

August 17- Duck Hunt -Put your observation skills to the test in a lively search to locate hidden rubber ducks tucked away in clever hiding spots.

August 18- Minute to win it games- Test your speed and coordination in a series of hilarious, 60-second challenges using everyday household items.

Registered Activities *Teen Hangouts*

Elementary Group

To Register Email: hug@sd76.ab.ca

Minions themed friendship group

Dates: July 14-16

Ages: 7-10

Time: 10AM-12PM

Location: George Davison School



Step inside a world of yellow-tinted teamwork where students join the "Minion Training Academy" to master the art of being a great teammate. This high-energy group uses the Minions' famous gibberish to teach non-verbal cues, their "accidental" mishaps to practice problem-solving, and their legendary loyalty to help students build lasting, supportive friendships.



To Register Email: myplace@sd76.ab.ca

Time: 1PM-3PM

Ages: 11-15

Location: Different areas around the city



July 7- Campfire cookout- (Kincoolee Park) Master the art of open-flame cooking while hanging out by the fire with friends and classic outdoor snacks.

July 8- Perogies in the park (Kincoolee Park)-Enjoy a relaxed afternoon outdoors making and tasting delicious, handmade potato-and-cheese dumplings.

July 9- Decorating cupcakes and cookies (Kincoolee park) -Unleash your inner pastry chef and transform sweet treats into edible works of art with professional piping and toppings.

August 4- Crafts and conversation (Central Park) -Grab a seat and get creative with hands-on DIY projects in a chill, social environment.

August 6- Bringing back the 90's- (Central Park) A nostalgic throwback activities for youth to experience the best of the 90s through retro crafts, classic snacks, and "totally tubular" activities.

August 7- Mini golf and Ice Cream (Hooplas & McDonalds)- Challenge your friends to 18 holes of competitive fun followed by a well-earned trip for cold, custom treats.