

## **Ringette Multi-Sports Performance**

The Ringette Multi-Sports Performance program would be designed for those girls who have a strong interest and desire to learn and improve their ringette skills. The program will also be focusing on fitness and nutrition throughout the year. Students in the Ringette program will be participating in various sports to help enhance their skill level.

Students will be utilizing various facilities during the year. The on-ice instruction will be held at the Hockey Hounds Rec Centre and the dryland training and fitness component will be done at CHHS. The students will also be involved in a number of activities using the CHHS gym and field. We will also be using the Family Leisure Centre and the Fieldhouse for certain activities.

### **Timeline: Grades 7-8**

September: Rugby, Track, Fitness, Health

October: Rugby, Track, Fitness, Health

November: Ringette Ice sessions, Health, fitness

December: Ringette Ice sessions, Health, fitness

January: Ringette Ice sessions, Health, fitness

February: Ringette Ice sessions, Health, fitness

March: Ringette Ice sessions, Health, fitness

April: Indoor Games-Volleyball, basketball, badminton, health

May: Track, Soccer, Rugby, Fitness, Health

June: Soccer, Rugby, Fitness, Health

### **Ice Sessions**

Ice sessions will take place at the Hockey Hounds Rec Centre with ice times being about 60 - 70 minutes in length. The rink is located 1 block away from the school allowing us to get there quickly and busses will not be needed to transport athletes. All on-ice instruction will be done by a

teacher who has had coaching experience in Ringette. Teacher/coaches will be expected to go to additional Ringette workshops to enhance their coaching ability.

Athletes will store their equipment in the basement of the Hockey Hounds Rec Centre during the ice sessions. Parents will be able to drop off and pick up equipment on the ice session days. An adult will be there to ensure all equipment is stored and locked up properly. There will also be an adult available at set times during the afternoon to allow for equipment pickup from the rink. The storage facility will be locked up at all times when not in use.

### **Sports Performance - Ringette fees**

The fee structure has been set so that families can pay monthly or one full payment. Cost to the athlete will be \$50.00 per month or \$450.00 for the entire school year.

In doing a quick fee comparison with other programs like this one I found that with the location of our school our costs are considerably cheaper. Monthly fees ranged from \$100 to \$750 per month over 10 months or \$1000 to \$7500/year.

### **2015-2016 Sports Performance Ringette Expenses**

|                                    |        |
|------------------------------------|--------|
| Hockey Hound Ice Rental            | \$2000 |
| Contracted services                | \$1500 |
| Facility Rentals                   | \$500  |
| Sports Performance PR/Marketing    | \$750  |
| Bussing                            | \$1000 |
| Equipment: Ringette, cameras, etc. | \$1000 |

|                              |         |
|------------------------------|---------|
| Player/coaches athletic gear | \$2000  |
| 5% uncollected fees          | \$1500  |
| Program total costs          | \$10750 |
| Total Budget                 | \$10800 |

The Ringette program is not a stand alone or locally developed program. This program will run under the exact same guidelines used in the Grade 7-8 Physical Education Curriculum with the potential to add Grade 9 students if needed. Instead of these students going to a Physical Education class they will go to their Ringette Multi-Sports Performance Program.

**MEDICINE HAT SCHOOL DISTRICT NO. 76**

**ADMINISTRATIVE PROCEDURES**

|                                               |                                                                    |
|-----------------------------------------------|--------------------------------------------------------------------|
| <b>TITLE: Secondary Schools' Fee Schedule</b> | <b>POLICY REFERENCE:<br/>650 Student Fees</b>                      |
| <b>EXHIBIT CODE:<br/>650 E 002</b>            | <b>PROCEDURE CODE:<br/>650 P 001: Student Fees, Fines, Charges</b> |

**EXHIBIT**

**Basic Fee:**

|                                |                      |
|--------------------------------|----------------------|
| Instructional Resources        | \$ 100.00            |
| Student Council and Activities | 20.00                |
| Student Services               | 9.00                 |
| School Council                 | <u>1.00</u>          |
| <br>Total                      | <br>\$ <u>130.00</u> |

**Course Fees:**

Specific course fees appear on the following page.

**Other Fees:**

|                                      |                  |
|--------------------------------------|------------------|
| Yearbook (Optional)                  | \$35.00          |
| Band Instrument Rental (if required) | \$50.00          |
| Replacement Locks                    | \$10.00          |
| NSF Cheques                          | As per bank fees |

**Approved:  
May 6, 2008**

**Revised:  
April 16, 2013**

**Revised:**



## Course Fees:

| <u>COURSE</u>                                     | <u>GRADE LEVEL</u> | <u>FEE</u>          | <u>AMS</u> | <u>CHHS</u> | <u>MHHS</u> |
|---------------------------------------------------|--------------------|---------------------|------------|-------------|-------------|
| <b><u>Junior High:</u></b>                        |                    |                     |            |             |             |
| Art                                               | 7-9                | \$10                | ✓          | ✓           | ✓           |
| Construction                                      | 8-9                | \$10                |            | ✓           |             |
| CTS Loop                                          | 7                  | \$20                | ✓          | ✓           |             |
| CTS Loop                                          | 8                  | \$20                | ✓          |             |             |
| CTS Loop                                          | 9                  | \$30                |            |             | ✓           |
| Environmental & Outdoor Ed                        | 7-9                | \$40                | ✓          | ✓           | ✓           |
| Fashion Studies                                   | 8-9                | \$10                |            | ✓           | ✓           |
| Food Studies                                      | 8-9                | \$10                |            | ✓           |             |
| Instrumental Music                                | 7-9                | \$10                | ✓          | ✓           | ✓           |
| Leadership                                        | 9                  | \$30                |            | ✓           |             |
| Mechanics                                         | 9                  | \$10                |            | ✓           |             |
| Multimedia/Comm. Tech                             | 7-9                | \$10                |            | ✓           |             |
| Paper & Photo Art                                 | 7-9                | \$35                |            | ✓           |             |
| Recreation Education                              | 7-9                | \$75                | ✓          | ✓           |             |
| PE Max                                            | 7-8                | \$200               | ✓          |             |             |
| Dance Elective                                    | 7-8                | \$200               | ✓          |             |             |
| Baseball Elective                                 | 7-8                | \$200               | ✓          |             |             |
| Hockey Elective                                   | 7-8                | \$400               | ✓          |             |             |
| <b><i>Ringette – Multi-Sports Performance</i></b> | <b><i>7-8</i></b>  | <b><i>\$450</i></b> |            | ✓           |             |

## **High School:**

|                                            |       |      |  |   |   |
|--------------------------------------------|-------|------|--|---|---|
| Art                                        | 10-12 | \$10 |  | ✓ | ✓ |
| Business Foundations                       | 10-12 | \$10 |  |   | ✓ |
| Communication Technology                   | 10-12 | \$10 |  | ✓ | ✓ |
| Construction                               | 10-12 | \$60 |  |   | ✓ |
| Construction/Fabrication                   | 10-12 | \$60 |  | ✓ |   |
| Cosmetology                                | 10-12 | \$30 |  |   | ✓ |
| Esthetics                                  | 10-12 | \$30 |  | ✓ |   |
| Fabrication                                | 10-12 | \$30 |  |   | ✓ |
| Fashion Studies                            | 10-12 | \$10 |  | ✓ | ✓ |
| Food Studies                               | 10-12 | \$40 |  | ✓ | ✓ |
| Leadership                                 | 10-12 | \$30 |  | ✓ |   |
| Information Processing                     | 10-12 | \$10 |  |   | ✓ |
| IT Essentials/Cisco                        | 10-12 | \$10 |  |   | ✓ |
| Mechanics                                  | 10-12 | \$30 |  | ✓ | ✓ |
| Mechanics/Fabrication                      | 10-12 | \$30 |  |   | ✓ |
| Physical Education 20                      | 10-12 | \$75 |  | ✓ | ✓ |
| Physical Education 30                      | 10-12 | \$75 |  | ✓ | ✓ |
| Sports Performance - Athletic Conditioning | 10-12 | \$40 |  |   | ✓ |
| Sports Performance - Individual Sport      | 10-12 | 150  |  |   | ✓ |

## New Courses:

| <u>COURSE</u> | <u>GRADE LEVEL</u> | <u>FEE</u> | <u>AMS</u> | <u>CHHS</u> | <u>MHHS</u> |
|---------------|--------------------|------------|------------|-------------|-------------|
|---------------|--------------------|------------|------------|-------------|-------------|

### Junior High:

|  |
|--|
|  |
|--|

### High School:

|            |       |      |  |  |   |
|------------|-------|------|--|--|---|
| Robotics 1 | 10-12 | \$20 |  |  | ✓ |
| Robotics 2 | 10-12 | \$80 |  |  | ✓ |
| Robotics 3 | 10-12 | \$80 |  |  | ✓ |
| Anatomy 1  | 10-12 | \$20 |  |  | ✓ |
| Anatomy 2  | 10-12 | \$20 |  |  | ✓ |
| Forensics  | 10-12 | \$20 |  |  | ✓ |