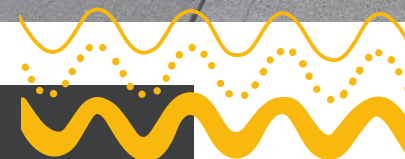


George Davison Elementary School

Integrated School Support Program



ISSP

Overall Goals

- Early identification of mental health issues
- Improved school performance
- Improved physical fitness and nutrition
- Decreased anti-social behavior
- Build resilience in children and youth, improve academics and enhance pro-social behaviors



ISSP Project Description

- Established in 2014
- 14 ISSP schools - 4 in Calgary, 10 across the province
- Joint initiative between Calgary Police Service, Calgary Board of Education, Calgary Catholic School District and the City of Calgary and the Calgary Police Youth Foundation
- Provide intensive wraparound services where students can succeed both academically and socially
- School selection based on: student count, ages, demographics (EAL, FNMI) and other student learning needs and programming



ISSP

Universal supports:

1. Full-time mental health professional
2. Full-time physical education specialist
3. Nutrition support
4. After School Programs
5. Positive Police Presence
6. Collaboration between George Davison School and Mother Theresa School, plus other schools within the Integrated School Support Program



**Youth Programs
Funded by the Calgary
Police Foundation:**

**Integrated School
Support Program**



ISSP

Full Implementation looks like...

MENTAL HEALTH	The mental health professional is fully integrated into the program and actively provides services
PHYSICAL EDUCATION	30 minutes of physical education is fully integrated into the school day for all students and is provided by a PE teacher.
NUTRITION/ FOOD	All students have consistent access to breakfast, lunch, and snacks, and the service is running smoothly.
POSITIVE POLICE PRESENCE	Police presence is a consistent and positive part of the school environemnet a minimum of 6 - 8 times per year, with strong collaboration between all stakeholders.
AFTER SCHOOL PROGRAMMING	Comprehensive after-school programming is consistently available at the school and is widely utilized by students.



ISSP Team Approach

- Leadership Team
- Whole School Approach
- Collaboration
- Hiring Process
- Day to Day Supports
- Check in Meetings with

Gillian Bowerman (Provincial Program Director, ISSP) and Crystal Hincks (Program Analyst, ISSP)



Mental Health Supports

Social-Emotional Learning Target Areas

- Self Awareness
- Self Management
- Social Awareness
- Relationship Skills
- Responsible Decision Making



Embedded Mental Health Worker

Sunshine Circles

Universally offered skill-building group for grades 1-6

Targeted Skills:

Executive Functioning

Pro-Social Behaviors

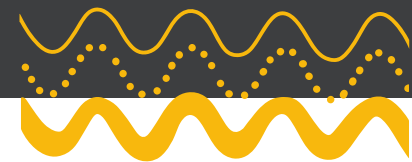
Building Community

“I know I am there to help the kids, but Sunshine Circles is helping me too” -Grade 6 Student



Social Awareness

Sunshine Circles



“I think sunshine circle should continue because it is helping the little kids and also helping people like me (tell Britney she is the best for helping me with it)” - Grade 6 Student

Walking Club

Intentional connection and movement break to support regulation

Universally offered support demonstrating the flexibility and responsiveness that ISSP offers



The Breakfast Club

“Soft start” for K-6 students who may benefit from a slower start to the day and 1-1 connection time with staff

Access to nutrition program to support overall wellness and regulation



Self-Management

Safe Space

Open lunchtime club for grades 5-6

Focus on promoting an inclusive mind-set and sense of belonging for all students

Co-facilitated with Hug Coach, Jasper

20+ kids attending regularly

“I like that there is a safe space”

- Grade 4 - 6 Student



Social Awareness

Culture Club

Open lunchtime club for grades 5-6

Focus on fostering a sense of belonging,
appreciation for diversity and mutual
respect

Club successes include fundraising bake sale, welcome sign and hosting movie nights

“Keep culture club because a lot of students go to culture club and a lot kids like it” -Grade 5 - 6 Student



Social Awareness

Supportive Transitions

“Welcome to George” group open to all students arriving after September 30th. Opportunity for assessment and supported integration in to the school. Weekly FSLW contact with parents/guardians.

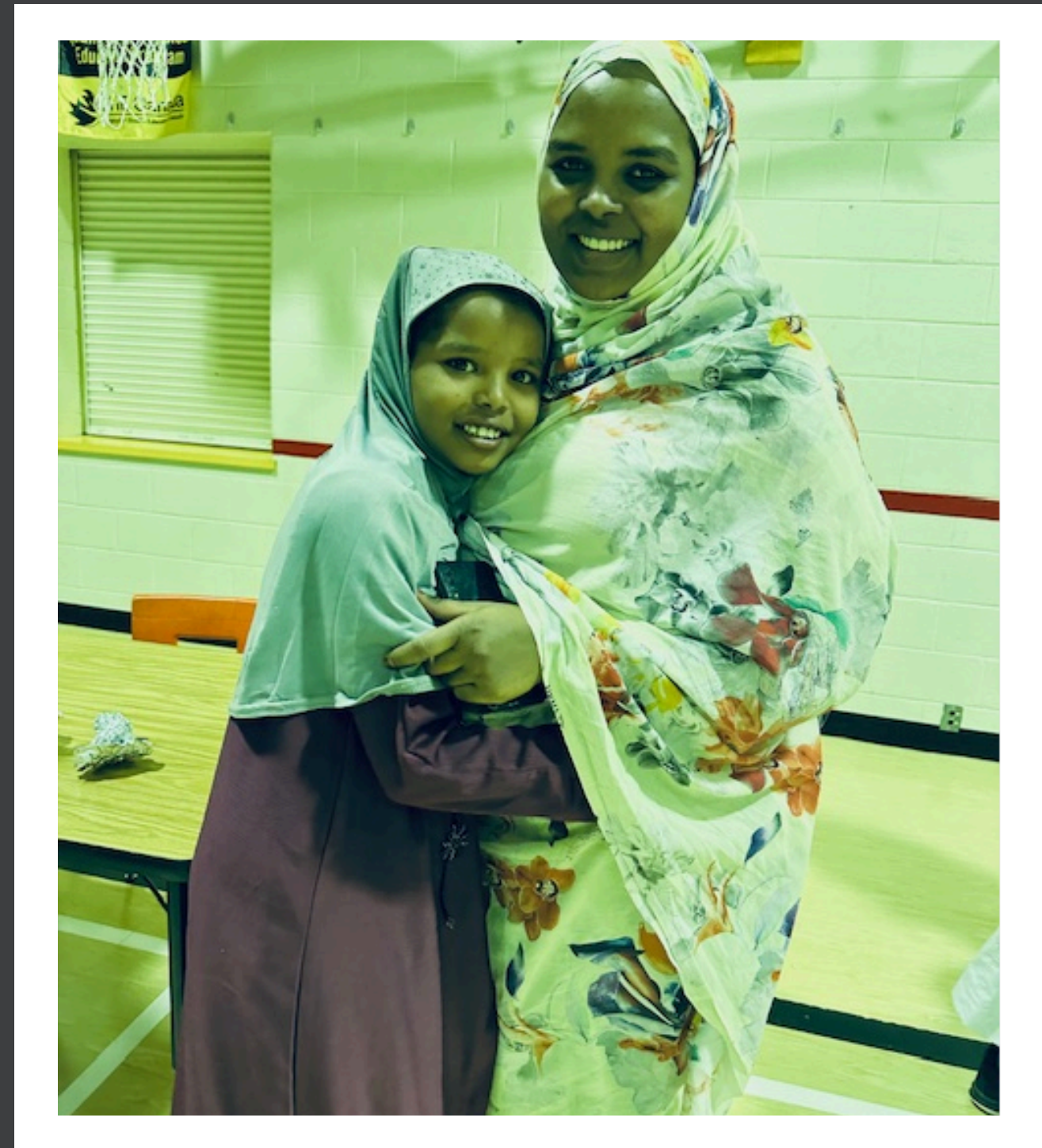
“Welcome to Dr. Roy Wilson Learning Centre” Collaboration with Hug and DWLC staff to facilitate warm transition to grade 7. Increasing familiarity and connection to staff and school environment.



Relationship Skills

EAL Supports

- Collaboration with Cultural Liaison Worker, Ayman
- Parenting Foundations Program
- Coffee and Conversation
- MHW Professional Development: Impact of racial trauma, anti-racism practices, torture, trauma and psychosocial impact (CCVT), refugee's and trauma (CTRI)
- Educating teachers/support staff
- EAL Best Practices Committee
- Universal SEL skill-building groups vs. individual referrals



Equity in Access to Resources

What do Our Teachers Say

“I love the Diversity Day celebrations. I think this is a great idea to create a better sense of belonging.”

“For me, even just knowing Brittany is there full time to refer students to is so great. You don't have to wait until her days at George to talk about a student in need. It's nice for her to sit in on parent meetings and to be another voice and give ideas for our students with complex/social/emotional/mental health needs. For her to run programs at lunch and the 'Coffee and Conversations' group is amazing and such a great resource for our EAL families.”

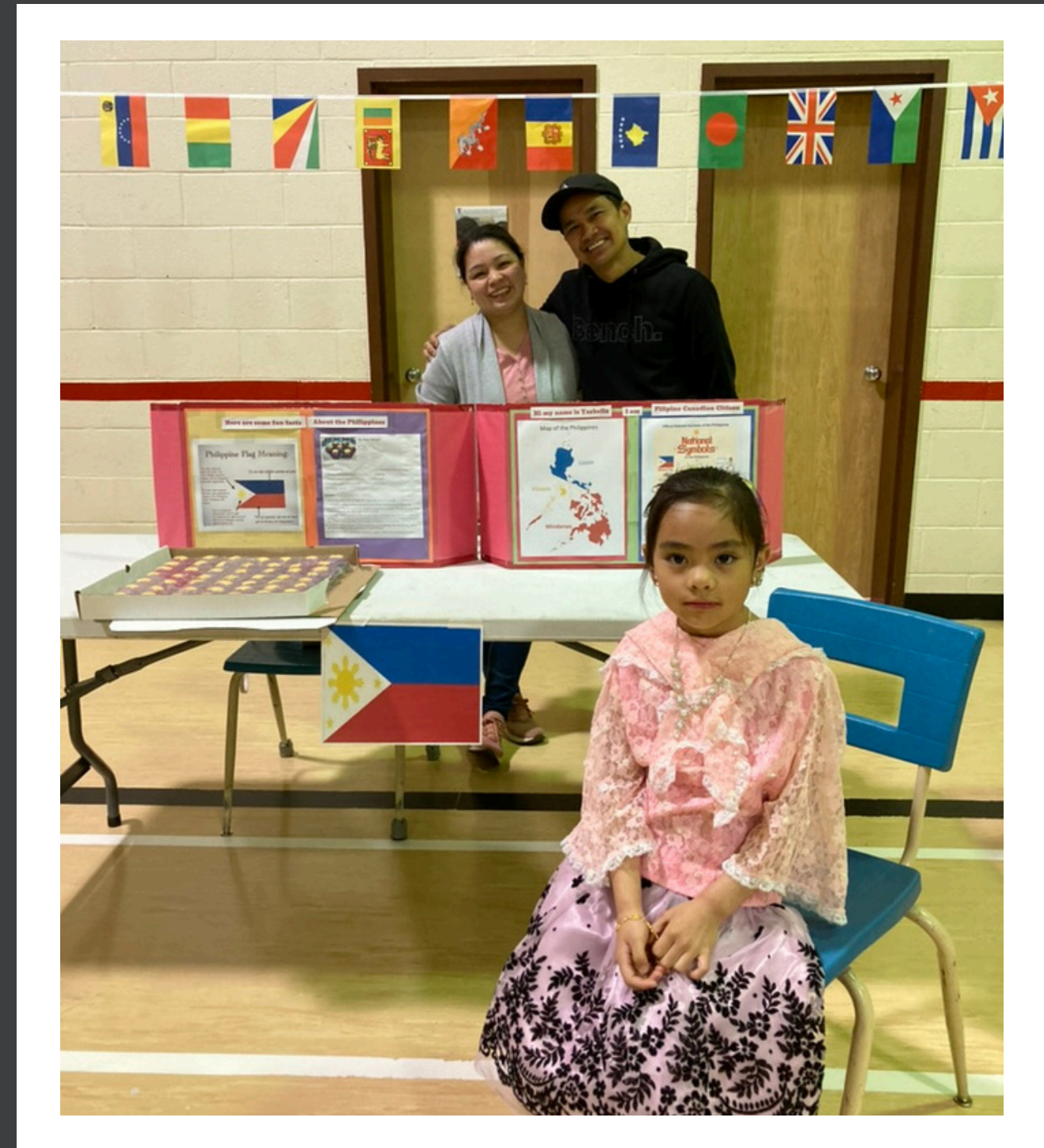


What do our Parents Say?

Parents see DIVERSITY DAY as an opportunity for families to create a sense of belonging.

“George Davison has fostered a positive attitude about learning. It seems to have a respect and awareness of other cultures.”

-Grade 4 - 6 Parent



What do our Students Say?

“I love that we have counselors, but I feel like we need more because it puts a lot on Mrs. Brittney to see almost half of our school every week so maybe just like 2 or 3 counselors would do the job. And maybe we should have people you can just talk to for like 10 min with if you’re just feeling bad but you don't have to see them every week.” -Grade 6 Student



Community Collaborations

Ever Active Schools and Be Fit For Life
Alberta Ballet
YMCA Before/After School
LINK Church
Root Cellar
Neighbourhood Association Committee
Local Immigration Partnership
Families Learning Together - LEARN Alberta
Saamis Immigration
Gurdeep Pandhar - Guest Presenter
Inter-school Collaborations
Medicine Hat Police Service
Big Marble Farms
Breakfast for Learning
Jays Care Foundation
Safeway



Connection to our Community

Measures

DIBELS (literacy)
Mental Health Worker Tracking Sheet
FSLW Statistics
Pre-Test / Post-Test Assessments
ISSP Rubric
Suspension Data
Family Involvement/Engagement
(Diversity Day, Coffee and
Conversations, Movie Nights, Dance,
BBQ, Winter Concert)
ISSP Surveys



Measuring our Successes

Physical Education

- Supported staff (professional wellness day)
- Students (extracurricular activities, physical wellness)
- Collaboration with Jays Care to provide baseball camp after school
- Collaboration with Ever Active Schools and Be Fit for Life to offer Leagues of Play soccer camp after school
- Partnership with Alberta Ballet (3 years)

“I really like the baseball practice after school”

“I really like the gym teacher”

-Grade 4 - 6 Students



Nutrition

Breakfast and lunch programs universally available

Snacks available throughout the day

Supporting regulation and student wellness

On average over half of our student population are accessing the nutrition program daily



After School Program

Ever Active Schools - Soccer program

Jays Care - Baseball program

YMCA Before and After School care well utilized by families

YMCA hosts camps for our students in our school during Professional Learning and holidays.

FNMI beading with Shirley Boomer



Positive Police Presence

Parenting Foundations Session featuring the
Medicine Hat Police Service

Field Trips / Epic Presentations

Strong partnership with School Resource
Officers



Thank You

Overall Themes in having ISSP Grant:

- **Opening doors to different possibilities**
- **Building capacity across the division**



