

Medicine Hat Public School System



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CASA- Child and Adolescent Services
Association



Together, bridging a child's mental health and educational needs.



What Are CASA Classrooms?

- In partnership with the **Government of Alberta, community partners, and school divisions**, CASA Mental Health delivers **mental health care** in classrooms.
- CASA Classrooms providing care closer to where students learn. 5 month program located at Southview School. (**Semester 1** September - February, **Semester 2** February - June)
- The goal is to help children **stabilize, build skills, and successfully transition** back to their community school. Home school transition opportunities according to child's
- MHPSD CASA Classroom has a **Grade 4-6 focus**.

How CASA Classrooms Support Students:

A Focus on Mental Health and Learning



- **Integrated mental health support** with a team including therapists, mental health professionals, and teacher.
- **Small group classroom settings** to offer individualized attention and support.
- Focus on **emotional regulation, coping strategies**, and **social-emotional learning**.
- Collaboration with families to support **long-term success** at home and in school.



A Day in the Life of a CASA Student

- Therapeutic interventions provided during the school day.
- Academic learning tailored to each student's readiness and abilities.
- Group activities to practice social skills and relationship-building.
- Opportunities for play, movement, and creative expression to support mental wellness.
- Regular check-ins with families to discuss progress and strategies.

Working Together for Your Child's Success



- **Family involvement** is key! CASA **collaborates** with parents and caregivers every step of the way. Weekly caregiver meetings.
- Regular **CASA team meetings** to review progress and adjust plans as needed.
- Support for a **smooth transition** back to your child's home school.
- Together, we build the **skills, confidence, and resilience** your child needs to thrive.

“ I wonder if my child would be a good fit for the CASA Classroom?”

Connect with Your School

- A Parent can start by talking with their **Principal, Vice-Principal, or Family School Liaison Worker (FSLW).**
- **Together**, you can discuss whether your child may be a good fit for the CASA Classroom Program.



CASA/School Team Consultation

- The school team may engage in a discussion with the **CASA Mental Health Team.**
- They will consider your child's **needs, strengths, and supports.** May suggest proceeding with a referral.



Next Steps

- A **formal referral** to CASA Classroom; consists of a school portion and parent portion. A referral **does not** guarantee acceptance!
- Or
- **Recommendations** for community and/or school supports.

Questions?